

Soothes the airways and strengthens the immune system

Composition

15 ml contain:

Pelargonium sidoides dry extract 250 mg; Propolis 12 % polyphenols fluid extract 60 mg; Eucalyptus (*Eucalyptus globulus*) 2 % EO 0.8 mg; Pine oil (*Pinus sylvestris*) 10 mg; Peppermint oil (*Mentha piperita*) 2 mg.

Citric acid (acidifier); potassium sorbate (preservative); maltitol, water.

Pharmaceutical Form, Route of Administration and Packaging

Sugar-free syrup for oral use

One box contains: 150 ml bottle

Characteristics

FreeSpirax™ Syrup is a natural syrup of carefully selected plant extracts, without added sugar or artificial aromas. It is designed to strengthen the air passages of children aged 3+ and adults.

FreeSpirax™ Syrup contains *Pelargonium sidoides*, a plant native to South Africa. Pelargonium root strengthens the body naturally and supports the immune system to fight respiratory tract infections, bronchitis and symptoms of a cold. The essential oils of eucalyptus and pine have mucolytic and expectorant properties. They are therefore mainly used for their soothing effect on the respiratory tract. They calm the throat so that you can breathe more easily. Propolis is produced by bees. It supports the body's natural resistance to infections. In short, the unique combination of the plant extracts, used in FreeSpirax™ Syrup, strengthens the immune system.

We recommend to take FreeSpirax™ Syrup at the first signs of a respiratory tract infection or cold symptoms and continue to take it for one week.

Indications

This food supplement is intended to strengthen, clear and soothe the airways and it is recommended for patients suffering from respiratory tract infections or a cold.

How to take FreeSpirax™ Syrup

Unless otherwise prescribed by your doctor, the usual dosage is:

AGE	DOSAGE
3 - 4 years	5 ml, 2 times a day
5 - 6 years	10 ml, 2 times a day
7 - 12 years	15 ml, 2 times a day
12+ years	30 ml, 2 times a day

FreeSpirax™ Syrup should be taken for 5 - 7 days. Ask your doctor or pharmacist for advice if symptoms persist for longer than a few days. Shake well before use.

Possible Side Effects

To date, no adverse effects have been reported if the recommended dose of FreeSpirax™ Syrup is taken.

Possible side effects in case of an overdose: nausea, vomiting, headache. It may have a laxative effect if taken in large quantities. These will disappear once the dose is reduced.

Warnings and Precautions

- Food supplements are no substitute for a balanced, varied diet and a healthy lifestyle.
- You must not take FreeSpirax™ Syrup if you are sensitive or allergic to any of the ingredients of the supplement.
- FreeSpirax™ Syrup should only be given under medical supervision to patients with severe disorders of the liver, stomach and gall bladder, FreeSpirax™ Syrup should only be given under medical supervision or avoided altogether.
- Ask your doctor for advice if your child is treated with anticoagulants.
- If you have taken more than the recommended dose talk to your doctor or pharmacist. To date, no overdoses of FreeSpirax™ Syrup have been reported.

How to store FreeSpirax™ Syrup

Store at room temperature in the original packaging and away from direct sunlight. Keep out of reach and sight of children.

Do not exceed the recommended dose.

Do not use FreeSpirax™ Syrup after the expiry date on the pack. The expiry date refers to the last day of that month.

Additional Information:

Net volume: 150 ml

Company

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Manufacturer

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on behalf of
Pharma Bavaria International GmbH

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